



heart TABLE MAT

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PATTERN FOR WOOL APPLIQUÉ



wool requirements

COLOR	PATTERN PIECES	MEASUREMENT
Dark Green	4 Small Leaves	4.5" x 4.5"
Medium Brown	4 Large Leaves	6" x 6"
Dark Brown	4 Medium Hearts	7" x 8.5"
Light Tan	2 Large Hearts, 2 Scalloped Hearts	9" x 9"
Antique White	2 Large Hearts, 2 Scalloped Hearts	9" x 9"
Dark Blue	4 Small Hearts	6.5" x 7"

Other Supplies:

DMC™ Floss #841 #869 #3371 Chenille #24 needles
Fabric square, hemmed to 18" by 18"

TIP: There are several stitches used on this project, including the Blanket Stitch, Outline Stitch, Whip Stitch & French Knot. There are a lot of useful sources for these stitches including my own books. The most recent is *Exploring Folk Art With Wool Appliqué & More* published by C&T Publishing.

PROJECT INSTRUCTIONS

To begin making your patterns from freezer paper, be sure to trace the design on the dull side of the freezer paper. The wax side is what you will need to stick to the wool. The freezer paper patterns can be used multiple times.

1. Trace the patterns onto the freezer paper.
2. Cut out completely each freezer paper pattern.
3. Warm up your iron on the "wool" setting.
4. Place your freezer paper patterns on the corresponding



wools.

5. Press the patterns to the wool with your iron and hold briefly to allow the freezer paper to stick.
6. Cut out the wool shapes.
7. Peel the freezer paper patterns from the wool.

STITCHING YOUR PROJECT

1. Pin the center hearts down onto your hemmed fabric square. Stitch into place, then stitch the leaves on top.
2. Pin the corner hearts down and stitch into place. Finish stitching the wool hearts on top.
3. Embellish as desired.

