



heart pocket

REBEKAH L. SMITH



materials

- 2 pcs. Cotton (Heart) 6" x 8"
- 2 Pcs. Cotton (Pocket) 4" x 8"
- Cotton Binding (trim) 30" & (rosette) 3"
- Button
- Twill Tape 7"

instructions

1. Pin the two pieces of pocket cotton with the wrong sides together.
2. Pin a piece of the binding along the top of the pocket pieces.
3. Blanket Stitch the binding to both sides of the pocket pieces.
4. Place the two cotton hearts with the wrong sides together and pin the pocket pieces to the front of them
5. Cut the remaining binding in half and pin the binding all the way around the heart starting in the center of the top. Be sure to turn leave a bit extra at the bottom of one side to turn under.
6. Blanket Stitch the binding on the front and the back.
7. Take the 3" piece of binding and run a gathering stitch along one of the edges and pull until a rosette forms. Stitch the two ends together turning under one side.
8. Pin the rosette to the top center of the heart covering the two ends of the binding. Sew the button in place to attach the button and the rosette.
9. Stitch the twill tape to the top of the back to cover the ends of the binding to finish.

TIP: There are several stitches used on this project, including the Blanket Stitch, Outline Stitch, Whip Stitch, Star Stitch, & French Knot. There are a lot of useful books and internet sources for these stitches including my own books *Wool Appliqué Folk Art*, *Seasons of Wool Appliqué Folk Art* or *Exploring Folk Art With Wool Appliqué & More* published by C&T Publishing.



